



Environmentally Sustainable Diets

Guest Editor:

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Deadline for manuscript submissions:

closed (15 September 2020)

Message from the Guest Editor

Dear colleagues,

The purpose of the Special Issue on Environmentally Sustainable Diets is to focus on how future diets could affect health and the environmental impact. Changing from an animal-based diet to a plant-forward diet such as suggested by the EAT-Lancet diet is anticipated to have major health and environmental effects. The EAT-Lancet diet is a mark on the horizon, since the current dietary patterns in most countries are far off these guidelines. There is a need for short-term effective changes in consumption and production towards healthy and more sustainable diets.

The aim of this Special Issue is to deliver key findings and insights that aid individuals, businesses, communities, and governments to make the healthy and sustainable choice an informed choice. Changing current diets towards healthier and more sustainable diets is not only a responsibility of the consumer. The food environment (availability), food pricing, and marketing (affordability) as well as liking (preferability) play a major role.





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