



Evidence-Based Design Promoting Human Well-Being in Urban Areas

Guest Editors:

Dr. Angeliki Paraskevopoulou

Laboratory of Floriculture &
Landscape Architecture,
Department of Crop Science,
School of Plant Sciences,
Agricultural University of Athens,
11855 Athens, Greece

Dr. Chrisovaladis Malesios

Department of Agricultural
Economics and Development,
Agricultural University of Athens,
11855 Athens, Greece

Deadline for manuscript
submissions:

closed (30 April 2024)

Message from the Guest Editors

A large amount of the elderly living in cities today spent their childhood in rural areas, whereas children born and currently living in cities are likely to be future urban dwellers, raising concerns on their well-being. The majority of urban areas worldwide are faced with green spaces that are limited in number and size, as well as nature-based solutions. The limited planting and vegetation and the urban heat island effect have created “unhealthy” conditions for urban dwellers.

Urban green spaces are essential for improving air quality, mitigating urban temperatures, encouraging physical activity, and improving overall human health and well-being. The design of sustainable urban green spaces can be facilitated through research. Understanding the interdependence between well-being and the environment is key for developing sustainable urban areas catering for human well-being, and evidence-based design can play a vital role in achieving this.

This Special Issue aims to provide a collection of papers based on scientific research in order to determine design proposals for urban green spaces that aim to support and promote sustainability and human well-being.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Marc A. Rosen

Faculty of Engineering and
Applied Science, University of
Ontario Institute of Technology,
Oshawa, ON L1G 0C5, Canada

Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE and SSCI (Web of Science), GEOBASE, GeoRef, Inspec, AGRIS, RePEc, CAPlus / SciFinder, and other databases.

Journal Rank: JCR - Q2 (*Environmental Studies*) / CiteScore - Q1 (Geography, Planning and Development)

Contact Us

Sustainability Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/sustainability
sustainability@mdpi.com
X@Sus_MDPI