



Evidence-Based Design Promoting Human Well-Being in Urban Areas

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Message from the Guest Editors

A large amount of the elderly living in cities today spent their childhood in rural areas, whereas children born and currently living in cities are likely to be future urban dwellers, raising concerns on their well-being. The majority of urban areas worldwide are faced with green spaces that are limited in number and size, as well as nature-based solutions. The limited planting and vegetation and the urban heat island effect have created “unhealthy” conditions for urban dwellers.

Urban green spaces are essential for improving air quality, mitigating urban temperatures, encouraging physical activity, and improving overall human health and well-being. The design of sustainable urban green spaces can be facilitated through research. Understanding the interdependence between well-being and the environment is key for developing sustainable urban areas catering for human well-being, and evidence-based design can play a vital role in achieving this.

This Special Issue aims to provide a collection of papers based on scientific research in order to determine design proposals for urban green spaces that aim to support and promote sustainability and human well-being.





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