



Innovation in Physical Education, Physical Activity and Sport

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Message from the Guest Editors

The technological revolution has meant an increasing use of digital media since its beginning in the 1960s and 1970s. The 2010s saw the widespread use of technologies aimed at interconnectivity between people. This digitization and increase of online interconnectivity had its peak during the COVID-19 pandemic, which forced us to rethink the management systems for teaching in physical education, the practice of physical activity for leisure and recreation, and even the maintenance of the practice of high-performance sport. This accelerated process of technologization has meant a paradigm shift in the management of the physical-sports experience that can only be successfully faced from the perspective of innovation. We are not only talking about technological innovation that facilitates the practice of physical activity, but also about innovative processes and methods that include technologies and online interpersonal interaction. Physical education, physical activity has to adapt to this new reality. We invite you, through this Special Issue, to publish your experiences and research in this field, related to innovation in the management of teaching, physical activity and sport.





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