



Sustainability of Physical and Mental Health during COVID-19 and Other Pandemics

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Message from the Guest Editors

This Special Issue focuses on physical and mental health, which have been closely linked to one of seventeen Sustainable Development Goals initiated by the United Nations. To ensure healthy lives and well-being at all ages, any sustainable approaches inspired by these Sustainable Development Goals should be considered. Since the COVID-19 pandemic impacted almost every aspect of people's life, the sustainability of healthy physical and mental health has become prominent. Information on sustainability-driven approaches that can promote the physical and mental health of the entire population across subgroups is invaluable.

This Special Issue aims to assemble a range of sustainability-related approaches/aspects that can promote physical and mental health, including, but not limited to, healthy cities, health behaviours, use of technology, health service, one health, public health policies, etc. We are interested in the effectiveness of these approaches amid the COVID-19 pandemic. In addition, we also welcome research examining the approaches that occurred prior to the pandemic but demonstrate implications amid the pandemic and the post-pandemic periods.





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