



Physical Activity and Behavior: Training and Education Models for Sustainable Health and Performance

Guest Editors:

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Prof. Dr. Nenad Koropanovski

Dr. Robin Orr

Deadline for manuscript
submissions:
closed (30 June 2023)

Message from the Guest Editors

Dear Colleagues,

The purpose of this Special Issue is to publish articles and reviews with particular regard to physical education, occupational health and wellbeing interventions, as well as municipal and governmental initiatives and policies. Underlying physiological mechanisms in the fields of sport, exercise, and physical activity are also welcome.

We look forward to receiving contributions related but not limited to the following topics:

- (i) experimental studies and interventions using physical education in various settings;
- (ii) observational analytical studies identifying the effects of practicing sport and exercise on psychophysical health, quality of life, and physical performance;
- (iii) systematic reviews and meta-analyses that may summarize the evidence about the effects of sport, exercise, and physical activity on health, mental health, and overall wellbeing.

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Guest Editors





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Message from the Editor-in-Chief

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