



Physical Education and Educational Innovation for Sustainability

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Deadline for manuscript
submissions:
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Message from the Guest Editors

Dear Colleagues,

Physical Education and sports professionals should include motivational strategies and innovative pedagogical practices in their classes that encourage increased physical activity to improve performance in the classroom and in training sessions, as well as to develop physical fitness, group cohesion and participant health, making them sustainable in educational and sport contexts.

This Special Issue of Sustainability aims to bring together scientific advances on the importance of the application of different models and methods of teaching in Physical Education, at different levels and in different educational contexts (preschool, primary, secondary and higher education) and extracurricular sports. These contents could be completed by analyzing the academic achievement in the classroom together with the social, emotional, cognitive and biological factors that determine the commitment to physical activity.





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Message from the Editor-in-Chief

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