



Responsible Leisure and Sustainable Human Development in Times of Change

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Deadline for manuscript submissions:

closed (31 July 2022)

Message from the Guest Editors

Dear Colleagues,

Society is in a steady state of change. However, the recent pandemic events have entered us into an even greater state of uncertainty. The use and management of time have been proven and are proving to be key in dealing with the various problems associated with the confinement to which millions of people around the world have been subjected. The promotion of healthy and sustainable management of leisure and free time is one of the main socio-educational and psychological concerns in our times. Therefore, it is essential to retake and promote these activities conducted for this purpose, particularly all those positively impacting curbing the consequences of climate change. To ensure sustainable leisure, we should be able to analyze the causes that are leading society to a gradual and constant increase in life expectancy, an increase in leisure time, and a wide range of leisure activities that do not always lead to good practices in our society.

We aim to publish new proposals for leisure activities in different environments in favor of sustainable human development in these times of uncertainty.





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