



New Perspectives on the Role of Intrinsic Motivation and Self-Regulation

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Message from the Guest Editors

Dear Colleagues,

This Special Issue aims to gather relevant contributions around motivation and self-regulation and their interactions with engagement and performance and with well-being and quality of life of individuals and/or groups in different environments.

Empirical research that allows us to synthesize and value the role of self-regulatory skills on health, adjustment, and well-being is relevant to this issue. We are interested in knowing how different profiles of self-regulatory or self-regulation strategies affect performance and engagement in different environments and how they are linked to emotional well-being, satisfaction, and quality of life of groups and individuals.

We are also interested in gathering both research and reviews on the impact of intrinsic motivation on well-being and performance of individuals and groups...

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