



## Socio-Cultural Perspective for Martial Arts Tourism and Motor Recreation Research

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### Message from the Guest Editors

The current challenge for science in the field of leisure time activity research is to practice it as a new paradigm (Cynarski, 2014). Therefore, non-reductionist approaches should be adopted, taking into account the coexistence of many aspects of human personality and social life (contextual, temporal, processual). It is crucial to go beyond the boundaries of individual disciplines when many issues require interdisciplinary approaches. Here the scientific framework should be quite wide—from cultural anthropology, through various sociological sub-disciplines, to theories of tourism and recreation or theories of martial arts.

We can focus more generally on the role of heritage in the field of physical culture, as demonstrated by martial arts. On the other hand, we are interested in using this potential in physical recreation as a free-time activity, which is the advantage of the tourist role. Let the third field of scientific search be the search for the theoretical concepts that best serve the description and explanation of various forms of tourism, of people practicing martial arts or those who are more passively interested in them.





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