



## Socio-Cultural Perspective for Martial Arts Tourism and Motor Recreation Research

Guest Editors:

**Prof. Dr. Wojciech J. Cynarski**

Institute of Physical Culture  
Studies, University of Rzeszow,  
35-959 Rzeszów, Poland

**Prof. Dr. Thomas A. Green**

Anthropology Department, Texas  
A&M University, College Station,  
Texas 77845, USA

**Prof. Dr. John A. Johnson**

Dept. of Taekwondo, College of  
Physical Education, Keimyung  
University, Daegu 42601, Korea

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### Message from the Guest Editors

The current challenge for science in the field of leisure time activity research is to practice it as a new paradigm (Cynarski, 2014). Therefore, non-reductionist approaches should be adopted, taking into account the coexistence of many aspects of human personality and social life (contextual, temporal, processual). It is crucial to go beyond the boundaries of individual disciplines when many issues require interdisciplinary approaches. Here the scientific framework should be quite wide—from cultural anthropology, through various sociological sub-disciplines, to theories of tourism and recreation or theories of martial arts.

We can focus more generally on the role of heritage in the field of physical culture, as demonstrated by martial arts. On the other hand, we are interested in using this potential in physical recreation as a free-time activity, which is the advantage of the tourist role. Let the third field of scientific search be the search for the theoretical concepts that best serve the description and explanation of various forms of tourism, of people practicing martial arts or those who are more passively interested in them.





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### **Prof. Dr. Marc A. Rosen**

Faculty of Engineering and  
Applied Science, University of  
Ontario Institute of Technology,  
Oshawa, ON L1G 0C5, Canada

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*Sustainability* Editorial Office  
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