



Sustainable Food Systems, Nutrition, and Health

Guest Editors:

Prof. Adam Drewnowski

Center for Public Health
Nutrition, University of
Washington, Seattle, WA 98195-
3410, USA

Prof. Timothy Griffin

Jaharis Family Center for
Biomedical and Nutrition
Sciences, Tufts University, 150
Harrison Avenue, Boston, MA
02111, USA

Deadline for manuscript
submissions:

closed (30 September 2022)

Message from the Guest Editors

Dear Colleagues,

The concept of Healthy Diets from Sustainable Food Systems would benefit from an in-depth examination of the four domains that underlie both healthy diets and sustainable food systems. Sustainable diets need to be nutrient-rich, affordable, socially acceptable, and with a low impact on the environment. Sustainable food systems need to be economically viable, provide value to society, and make optimum use of both human and natural resources, including land, water, and energy.

An in-depth examination of the socioeconomic components of diets and food systems, including topics relevant to both high-income and low- and middle-income countries, would complement the existing literature and improve understanding of how to define sustainability. Systems-based approaches that consider the trade-offs and synergies among the four domains—applied in multiple contexts and across geographic locations—will advance this transdisciplinary field. This Special Issue includes papers by authors who are bridging gaps across the domains in new ways.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Marc A. Rosen

Faculty of Engineering and
Applied Science, University of
Ontario Institute of Technology,
Oshawa, ON L1G 0C5, Canada

Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE and SSCI (Web of Science), GEOBASE, GeoRef, Inspec, AGRIS, RePEc, CAPlus / SciFinder, and other databases.

Journal Rank: JCR - Q2 (*Environmental Studies*) / CiteScore - Q1 (Geography, Planning and Development)

Contact Us

Sustainability Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/sustainability
sustainability@mdpi.com
X@Sus_MDPI