



## Work–Life Balance and Wellbeing for Sustainable Workforces

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Deadline for manuscript submissions:

**closed (20 March 2023)**

### Message from the Guest Editors

The COVID-19 pandemic is a catalyst for employers to rethink how they implement workplace flexibility and work–life policies that meet the changing needs of employees in terms of flexibility and mental health support. The relationship between employees and employers has fundamentally changed, and new frontiers of the work–life balance are emerging.

We welcome a variety of contributions in relation to sustainable workforces from the perspective of work–life balance, theoretical frameworks of wellbeing and methodological approaches.

Sample topics:

- Sustainable careers
- How flexible work allows for greater work–life integration
- Four day working week and other initiatives to increase productivity and decrease procrastination
- Work–life balance, conflict, enrichment, integration
- Working and caring–more engagement from both men and women
- Restrictions and lockdowns and their impact on work–life balance
- Changes to work preferences and work-related health and safety challenges following COVID-19
- The role of leaders in promoting employee wellbeing to achieve a sustainable workplace





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## Editor-in-Chief

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## Message from the Editor-in-Chief

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