



Food, Sport and Sustainability in Contemporary Societies

Guest Editors:

Prof. Dr. Victor Muñoz-Sanchez

Department of Sociology,
Universidad Pablo de Olavide,
Ctra. de Utrera, 1, 41013 Sevilla,
Spain

Prof. Dr. Antonio M. Perez-Flores

Department of Sociology,
Universidad Pablo de Olavide,
Ctra. de Utrera, 1, 41013 Sevilla,
Spain

Prof. Dr. Francisco Entrena-Duran

Department of Sociology,
University of Granada, 18011
Granada, Spain

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Message from the Guest Editors

Dear Colleagues,

New consumption habits and sustainable leisure practices represent a lifestyle characteristic of today's modern, advanced societies, generating significant space for economic development through the production and consumption of organic products, food tourism based on organic food, sports marketing, and environmentally sustainable sporting activities that facilitate improved health and quality of life.

This monograph invites papers related to lifestyles based on pro-environmental practices, production and consumption of organic products, outdoor sporting and physical activities, natural resources related to conservation, and the protection of natural spaces, the environment, and improving the health, quality of life, and wellbeing of the population, from the perspective of social and environmental sustainability.

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Prof. Dr. Antonio M. Perez-Flores
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Editor-in-Chief

Prof. Dr. Marc A. Rosen

Faculty of Engineering and
Applied Science, University of
Ontario Institute of Technology,
Oshawa, ON L1G 0C5, Canada

Message from the Editor-in-Chief

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Sustainability Editorial Office
MDPI, Grosspeteranlage 5
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