



Physical Activity, Education and New Methodologies

Guest Editors:

Prof. Dr. Pedro Valdivia-Moral

Faculty of Education,
Department of Didactics of
Musical, Plastic and Body
Expression, University of
Granada, 18071 Granada, Spain

**Prof. Dr. José Luis Ubago-
Jiménez**

Faculty of Education,
Department of Didactics of
Musical, Plastic and Body
Expression, University of
Granada, 18071 Granada, Spain

Deadline for manuscript
submissions:

closed (31 December 2021)

Message from the Guest Editors

Dear Colleagues,

Nowadays, Physical Activity has been influenced by new methodologies. The new methodologies provoke new developments in the area of Sports Performance, Healthy Physical Activity, Sports Management and Physical Education, always from a sustainable perspective.

Focusing on Physical Education classes, didactic and sustainable aspects such as inclusive education, evaluation, equal education, psychological aspects and many additional elements affecting students and teachers. The scientific community needs to study these issues in order to promote Physical Education Didactics development. To this aim, cross-sectional, longitudinal and intervention studies that analyse motivation and teaching methodologies in the context of physical education, physical activity and sports for different ages can be presented. Furthermore, validations of measurement instruments linked to the study topic of this special issue are of interest. Systematic reviews and meta-analyses are also of great interest to the scientific community.

Dr. Pedro Valdivia-Moral

Dr. Jose Luis Ubago

Guest Editor





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Steve W. Lyon

School of Environment and
Natural Resources, Ohio State
University, Columbus, OH 43210,
USA

Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Author Benefits

Open Access: free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

High Visibility: indexed within [Scopus](#), [SCIE](#) and [SSCI \(Web of Science\)](#), [GEOBASE](#), [GeoRef](#), [Inspec](#), [RePEc](#), [CAPlus / SciFinder](#), and [other databases](#).

Journal Rank: JCR - Q2 (Environmental Studies) / CiteScore - Q1 (Geography, Planning and Development)

Contact Us

Sustainability Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/sustainability
sustainability@mdpi.com
[X@Sus_MDPI](#)