



The Role of Cooperation, Cohesion and Additional Psychological Variables in Performance Team

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Deadline for manuscript
submissions:

closed (30 June 2023)

Message from the Guest Editors

Dear colleague,

Cooperation and cohesion are two deeply studied theoretical concepts in the psychology of groups and teams. Both psychological terms are strongly related to high-performance teams in different areas like sports, music, work, and so on.

High-performance environments are characterized by a competitive climate of constant improvement, seeking excellence, and ethical values. However, there is often a dark side of conflict, disrespect, grievance, and both physical and psychological violence. Cooperation and cohesion are detrimental factors that could affect the sense of purpose and meaning of a group, benefiting the greater good while creating socially sustainable environments. Understanding the underlying psychosocial dynamics—both interpersonal and intrapersonal—and the contextual factors that influence prosocial behavior is the stepping stone towards a more global, sustainable, and healthy development of our societies.





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