



Sustainable Health Tourism

Collection Editors:

Prof. Dr. Mercedes Rodríguez-Fernández

Department of Economics and
Business Administration,
Campus El Ejido s/n 29071,
University of Málaga, 29016
Málaga, Spain

Prof. Dr. Yvon Bryan

Anesthesiology, Dartmouth-
Hitchcock, Geisel School of
Medicine at Dartmouth, Lebanon,
NH 03756-0001, USA

Dr. Eva M. Sánchez-Teba

Department of Economics and
Business Administration,
Campus El Ejido s/n 29071,
University of Málaga, 29016
Málaga, Spain

Message from the Collection Editors

Sustainable Health Tourism, a current phenomenon, can be broadly defined as tourism that contributes to physical and mental health through medical and wellness activities that increase the ability of individuals to meet those needs.

Presently, society spends an increasing amount time on leisure activities, and resources are employed in actions that promote and encourage healthy lifestyles. These factors contribute to the growth of health tourism.

In addition, life in cities poses a challenge to public health which, together with chronic diseases, leads to a growing demand for health-related travel, natural alternatives, and escapism.

Sustainability and social responsibility have become key criteria in health tourism. Destinations must consider the impact of health tourism on the quality of life of local residents, as the wellbeing of local residents should be considered as important as the health of tourists.

The Topical Collection welcomes papers focused on the latest knowledge in this area of research. The papers must show originality and give a significant contribution to the scope of the Topical Collection.





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Prof. Dr. Marc A. Rosen

Faculty of Engineering and
Applied Science, University of
Ontario Institute of Technology,
Oshawa, ON L1G 0C5, Canada

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Sustainability Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

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