



Urban Forests and Sustainable Urban Residents' Well-Being

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Message from the Guest Editors

Dear Colleagues,

During the process of rapid urbanization, many serious environmental problems have arisen, such as air pollutants, urban heat islands, and urban water logging, which present a combined threat to urban residents' health and wellbeing. Urban forests are of great benefit to the people in their vicinity, and urban residents can find nourishment, clean water, and shelter, as well as jobs and a sense of social purpose, in urban forests. In addition, with increased life and work stress, exposure to urban forests reduces morbidities such as anxiety, sickness, and heat stress, and this improves the wellbeing of urban residents, especially disadvantaged groups. On the road to urban sustainable development, urban forests contribute to multiple aspects of the UN's Sustainable Development Goals (SDGs), such as No Poverty, Good Health and Well-Being, Clean Water and Sanitation, Climate Action, Life on Land, and Sustainable Cities and Communities.

More details at:

https://www.mdpi.com/journal/sustainability/special_issues/urban_forests_well_being





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Message from the Editor-in-Chief

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