

Special Issue

The Impact of the COVID-19 Pandemic on Mental Well-Being

Message from the Guest Editor

Since the appearance of SARS-CoV-2 in December 2019, there have been millions of infections worldwide, and the clinical presentation has been heterogeneous. Previous literature in this field suggests the importance of determining which elements can facilitate recovery at the time of SARS-CoV-2 onset, as well as enhancing mental and physical capacities that allow for a rapid and full recovery of mental well-being. The following topics are proposed for this Special Issue:

- A protective approach to mental health during illness;
- Psychophysiological measures that favour the reduction in the sequelae associated with the illness;
- Psychological and social support networks;
- Mental health intervention during confinement;
- Information/disinformation about the pandemic and its effects on people's mental well-being state;
- Attitudes and actions of determined sectors of society that are more vulnerable to the psychological effects of the disease.

Guest Editor

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Editor-in-Chief

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