

an Open Access Journal by MDPI

## Collegiate Athletics in Crisis: Proactive and Reactive Measures towards Mental Health Outcomes

Guest Editors:

## Dr. Zacharias Papadakis

Department of Health Promotion and Clinical Practice, College of Health and Wellness, Barry University, Miami Shores, FL 33160, USA

## Dr. Andreas Stamatis

Exercise and Nutrition Sciences, State University of New York, Plattsburgh, NY 12901, USA

Deadline for manuscript submissions:

closed (31 December 2023)

## **Message from the Guest Editors**

This Special Issue aims to recognize mental health as an integral component of athletic performance, promote mental health sensitivity and awareness, and highlight that we are all contributors to mental health.

However, this Special Issue also aims to provide basic and applied scientific research on the negative (e.g., stress/depression, insomnia and alcohol use), but also on the positive mental health outcomes (e.g., happiness, social acceptance, autonomy) that arise from organized collegiate sports.

This Special Issue will supplement the existing literature by collecting scientific data on fostering mental health in collegiate athletics. In particular, we invite mental health work on this specific youth age group that addresses the individual level (e.g., mental health needs of the student athlete), the team level (e.g., team environment supportive of the mental health needs of all student athletes), and the organizational level (e.g., policies and programs to support the previous two levels).

We look forward to receiving your contributions.

Dr. Zacharias Papadakis Dr. Andreas Stamatis *Guest Editors* 



Specialsue